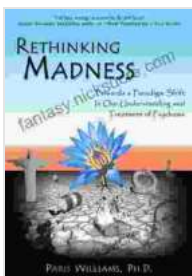


# Towards a Paradigm Shift in our Understanding and Treatment of Psychosis

Psychosis is a mental illness that can cause hallucinations, delusions, and disorganized thinking. It is often treated with antipsychotic medication, but this can have side effects. A new study suggests that a different approach, called the Psychosis Risk Syndrome (PRS) model, may be more effective.

## The PRS Model

The PRS model focuses on identifying people who are at risk of developing psychosis, and providing them with early intervention. This can help to prevent the onset of psychosis, or to reduce its severity.



## Rethinking Madness: Towards a Paradigm Shift in Our Understanding and Treatment of Psychosis by Paris Williams

★★★★☆ 4.5 out of 5

Language : English  
File size : 6064 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 398 pages  
Lending : Enabled



The PRS model is based on the idea that psychosis is a continuum, and that there are people who are at risk of developing the condition but who

have not yet experienced any symptoms. These people are said to have a "prodromal" phase of psychosis.

There are a number of risk factors for psychosis, including:

- A family history of psychosis
- Cannabis use
- Childhood trauma
- Social isolation
- Stress

People who have one or more of these risk factors are more likely to develop psychosis than those who do not. However, it is important to note that not everyone who has these risk factors will develop psychosis.

## **Early Intervention**

Early intervention is key to preventing psychosis or reducing its severity. The PRS model recommends that people who are at risk of psychosis receive early intervention services, such as:

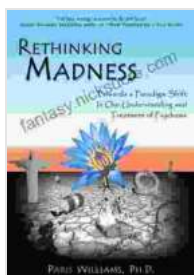
- Psychotherapy
- Cognitive-behavioral therapy
- Family therapy
- Social skills training
- Medication

Early intervention services can help to:

- Reduce the risk of developing psychosis
- Delay the onset of psychosis
- Reduce the severity of psychosis
- Improve functioning

The PRS model is a new approach to understanding and treating psychosis. It focuses on identifying people who are at risk of developing the condition and providing them with early intervention. This can help to prevent the onset of psychosis, or to reduce its severity.

The PRS model is still in its early stages of development, but it has the potential to revolutionize the way we treat psychosis. By focusing on prevention and early intervention, we can help to ensure that people with psychosis can live full and meaningful lives.



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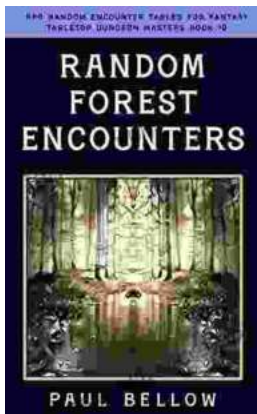
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