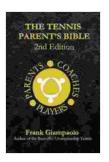
The Tennis Parent Bible 2nd Edition: A Comprehensive Guide to Raising a Successful Tennis Player

Tennis is a great sport for kids. It's fun, it's challenging, and it can teach kids important life lessons like perseverance, teamwork, and sportsmanship. But if you're the parent of a young tennis player, you know that it can also be a lot of work. There's the driving to and from practices and tournaments, the constant nagging about eating healthy and getting enough sleep, and the endless rounds of laundry. But it's all worth it when you see your child succeed on the court.



The Tennis Parent's Bible: 2nd Edition by Frank Giampaolo

★★★★ 4.5 out of 5

Language : English

File size : 2622 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 507 pages



The Tennis Parent Bible 2nd Edition is the most comprehensive guide available for parents of tennis players. Written by a former Division 1 college tennis coach and current USPTA-certified tennis pro, this book covers everything from choosing the right coach and tournament to dealing with injuries and burnout. With over 300 pages of expert advice, The Tennis

Parent Bible 2nd Edition is the essential resource for any parent who wants to help their child succeed in tennis.

What's New in the 2nd Edition

The 2nd edition of The Tennis Parent Bible has been updated to include the latest information on:

- Tennis technique and strategy
- Tournament play
- College recruiting
- Injury prevention and treatment
- Burnout prevention
- Tennis psychology
- Tennis nutrition

The 2nd edition also includes new chapters on:

- The role of technology in tennis
- Social media for tennis players
- Mental toughness training for tennis players

What Parents Are Saying About The Tennis Parent Bible

"The Tennis Parent Bible is the most comprehensive and up-to-date guide to raising a successful tennis player. I highly recommend it to any parent who wants to help their child achieve their tennis goals." - **John McEnroe**,

former world No. 1 tennis player

"The Tennis Parent Bible is a must-read for any parent of a young tennis player. It covers everything you need to know to help your child succeed on and off the court." - Billie Jean King, former world No. 1 tennis player

"The Tennis Parent Bible is the most valuable resource available to parents of tennis players. It's full of expert advice on everything from choosing the right coach to dealing with injuries and burnout. I highly recommend it." -

Patrick McEnroe, former world No. 3 tennis player

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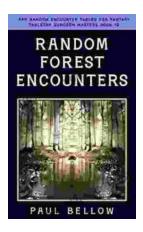
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