

Teaching Situational Awareness To Keep Teenagers Safe: Head Up

Situational awareness is the ability to be aware of your surroundings and the people around you. It's a critical skill for everyone, but it's especially important for teenagers. Teenagers are often more vulnerable to crime and violence than adults, and they may not have the experience or knowledge to protect themselves.

Situational awareness can help teenagers avoid dangerous situations, make better decisions, and stay safe.

There are several things you can do to teach situational awareness to teenagers. Here are a few tips:



Spotting Danger Before It Spots Your TEENS: Teaching Situational Awareness To Keep Teenagers Safe (Head's Up) by Gary Dean Quesenberry

★★★★★ 5 out of 5

Language : English
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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 175 pages

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- **Talk to them about it.** Explain to your teenagers what situational awareness is and why it's important. Talk to them about the risks they face and how they can protect themselves.
- **Encourage them to be aware of their surroundings.** Tell your teenagers to pay attention to the people and things around them. Encourage them to look for suspicious activity and to be aware of their surroundings, even when they're in a familiar place.
- **Teach them to trust their instincts.** Tell your teenagers to listen to their gut feelings. If something doesn't feel right, it's probably best to avoid it.
- **Practice with them.** Walk around your neighborhood or go to a public place with your teenagers. Point out potential hazards and talk to them about how to stay safe.

There are also a number of resources available to help you teach situational awareness to teenagers. One of the most popular resources is the Head Up app.

The Head Up app is a free app that teaches teenagers about situational awareness. The app includes interactive exercises, quizzes, and videos that help teenagers learn how to stay safe.

The Head Up app is a great way to teach teenagers about situational awareness. The app is easy to use and it's fun and engaging.

Situational awareness is a critical skill for teenagers. By teaching your teenagers about situational awareness, you can help them stay safe and avoid dangerous situations.

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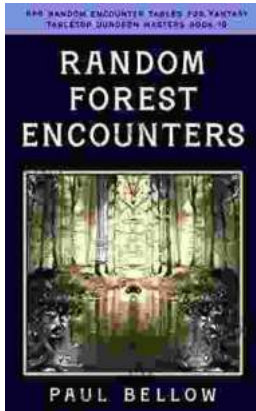
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