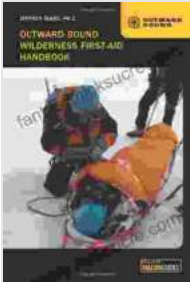


Outward Bound Wilderness First Aid Handbook: The Ultimate Guide to Wilderness Emergency Care



Outward Bound Wilderness First-Aid Handbook

by Daniele Benedettelli

★★★★☆ 4.6 out of 5

Language : English

File size : 5619 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Word Wise : Enabled

Print length : 256 pages

Lending : Enabled

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The Outward Bound Wilderness First Aid Handbook is the most comprehensive and authoritative guide to wilderness emergency care available. Written by a team of experienced wilderness medical professionals, this handbook covers everything from basic first aid to advanced life support. It is an essential resource for anyone who spends time in the wilderness, whether they are hiking, camping, backpacking, or climbing.

What's Inside the Outward Bound Wilderness First Aid Handbook?

The Outward Bound Wilderness First Aid Handbook is divided into three main sections:

- **Part 1: Basic First Aid**

This section covers the basics of first aid, including how to assess a situation, treat common injuries, and prevent infection. It also includes a chapter on wilderness hygiene and sanitation.

- **Part 2: Advanced First Aid**

This section covers more advanced first aid techniques, such as how to splint a broken bone, treat a burn, or give CPR. It also includes chapters on wilderness pharmacology and emergency communication.

- **Part 3: Wilderness Emergency Care**

This section covers the specific challenges of providing emergency care in the wilderness. It includes chapters on hypothermia, hyperthermia, altitude illness, and venomous bites and stings. It also includes a chapter on how to evacuate a sick or injured person from the wilderness.

Why Choose the Outward Bound Wilderness First Aid Handbook?

There are many reasons why the Outward Bound Wilderness First Aid Handbook is the best choice for anyone who spends time in the wilderness. Here are just a few:

- **It is comprehensive and authoritative.** The Outward Bound Wilderness First Aid Handbook is the most comprehensive guide to wilderness emergency care available. It covers everything from basic first aid to advanced life support.
- **It is written by experienced wilderness medical professionals.** The authors of the Outward Bound Wilderness First Aid Handbook are all

experienced wilderness medical professionals. They have years of experience providing emergency care in the wilderness, and they know what it takes to stay safe in the outdoors.

- **It is easy to use.** The Outward Bound Wilderness First Aid Handbook is well-organized and easy to use. It is divided into three main sections, and each section is further divided into chapters. The chapters are short and to the point, and they are written in a clear and concise style.
- **It is durable.** The Outward Bound Wilderness First Aid Handbook is made from durable materials that will withstand the rigors of the wilderness. It is bound in a waterproof and tear-resistant cover, and the pages are printed on high-quality paper.

The Outward Bound Wilderness First Aid Handbook is the essential guide to wilderness emergency care. It is comprehensive, authoritative, easy to use, and durable. If you spend any time in the wilderness, you should have a copy of this handbook with you.

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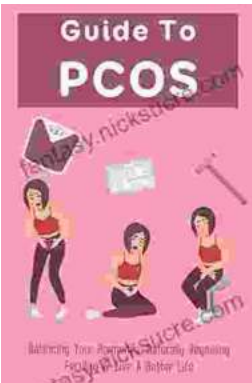
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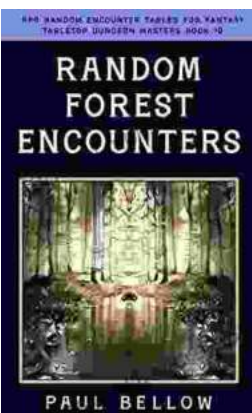
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